

Resources that Help 4 to 8-year-olds

You can find these resources at your local library, bookstore,
www.activeparenting.com, or www.amazon.com

	<p>It's Not Your Fault, Koko Bear by Vicki Lansky, 1998</p> <p>Koko Bear helps children learn what divorce means, deal with the changes, talk about feelings, and understand that the divorce is not their fault. The book also contains helpful tips for parents on each page. (MCPL)*</p>		<p>Dinosaur's Divorce: A Guide for Changing Families by Laurene Kransy Brown & Marc Brown, 1986</p> <p>This book helps children understand their feelings, why parents divorce, having two homes, life after divorce, and living with step-parents and step-siblings. (MCPL)*</p>
	<p>Was It the Chocolate Pudding? A Story for Little Kids About Divorce by Sandra Levins, 2006</p> <p>This story addresses the confusion experienced by children and focuses with comforting reassurance on the questions that are foremost in their minds: Do my parents still love me? Who will take care of me? This book also contains a parent guide. (MCPL)*</p>		<p>I Don't Want to Talk About It by Jeanie Franz Ransom, 2000</p> <p>The book is told by a young girl whose parents have just told her they are getting a divorce. The girl uses different animals to help express her feelings. This book also includes a parent guide. (MCPL)*</p>
	<p>Let's Talk about Separation and Divorce Game by Lawrence E. Shapiro</p> <p>A non-competitive card game designed to get kids and parents talking about their feelings, fears, and hopes for the future.</p>		<p>Charlie Anderson by Barbara Abercrombie, 1995, c1990</p> <p>Two girls who live with their mother adopt a cat who comes to their house every night. When he doesn't appear one night, they go looking for him and discover that he has two homes where he is loved and cared for, just like they do. (MCPL)*</p>
	<p>Good-Bye, Daddy! by Brigitte Weninger, 1995</p> <p>Crying and upset that his father and mother no longer live together, Tom lies in bed holding his teddy bear for comfort. The bear suddenly whispers in his ear a story about a small bear in a similar situation that came to realize that fussing and acting up weren't helping matters. (MCPL)*</p>	<p style="text-align: center;">Counseling & Support</p> <p style="text-align: center;">Catholic Charities (816) 333-2040 Healthy Families (816) 468-6336 Kathy Harms & Assoc, PC (816) 452-7775 Marlene Littleton, Therapist (816) 820-0306 Pleasant Valley Baptist Church (816) 781-5959 Synergy Services (816) 587-4100 The Family Conservancy (913) 342-1110 Tri-County (816) 468-0400</p>	

* MCPL indicates that the item is at the Mid-Continent Public Library www.mcpl.lib.mo.us

For more information contact the 7th Judicial Circuit Office of Dispute Resolution Services
 (816) 736-8400 or visit www.circuit7.net